



FAQs

1. What is The Hero's Journey about?

The Hero's Journey is a classic story structure used in many films and plays and the inspiration for our story. You can read more about it here:

<https://blog.reedsy.com/guide/story-structure/heros-journey/>

We used this as inspiration to create our show. We have been rehearsing and making the show since 3rd March 2024.

Our version of The Hero's Journey is set in 2124 in Hastings. It is a post-capitalist world where we have figured out how to live in a pro-human, pro-planet way. The show takes the audience on a tour to see how our ancestors in 2024 lived, as they were the community that set things in motion to create the future of 2124. The audience sees secrets revealed in real time.

The show is an immersive promenade piece - meaning the audience moves around to see different parts of the show in different places.

2. How did we create this story?

- The show has been co-devised by a community company since 3rd of March
- This means that it has been written and created by all of the people who joined the company, with co-directors Darragh and Anna Maria directing and shaping the work.
- We used the concept of The Hero's Journey story structure as a starting point (see question 1)

2. Do I have to attend every rehearsal?

- Yes! We understand that life might happen, and we will deal with that if something does come up. But for now, we need the show guides to commit to all the dates needed for their roles.
- The number of rehearsals you will need to attend will be

- Six sessions plus four performance dates

3. Where will the show be performed

- The show will be performed at Hastings Museum & Art Gallery, which includes the outside grounds and the Durbar Hall.

4. Where will rehearsals take place?

- Rehearsals will be in central St Leonards and Hastings:
 - 3 pm - 6 pm 19th May: Hastings Museum & Art Gallery,
 - 3 pm - 6 pm 26th May: White Rock Theatre,
 - 10:30 am - 2 pm 2nd June: Hastings Museum & Art Gallery,
 - 5:30 pm -10:30 pm 11th -12th June: Hastings Museum & Art Gallery
- Performances will be at **Hastings Museum & Art Gallery**, John's Place, Bohemia Rd, TN34 1ET
 - 13th (5:30 pm - 11 pm), 14th (5:30 pm - 11 pm),
15th (3 pm - 11 pm) & 16th June (5:30 pm - 11 pm)
**The times are approx and will likely be less than above*

[Hastings Museum & Art Gallery](#), John's Place, Bohemia Rd, TN34 1ET

[White Rock Theatre](#), Hastings Seafront, TN34 1JX

5. What is a show guide?

- The show guides are volunteers who will support the audience during the performance.
- They will move the audience around Hastings Museum & Art Gallery, whilst in character, making sure the audience is in the right place at the right time and is fully immersed in the show.

8. Is there support for travelling to rehearsals?

- Each show guide will receive a stipend of £10 for each rehearsal they attend.
- The £10 is to be used in whatever way helps the show guide to attend rehearsals.
- Along with the stipend, there is also a small budget to support further access needs.
- Please let us know what you need to help you participate, and if we can make it happen, we will.

9. What access and support is available to help people be part of the company?

- If there is anything we can do to help you thrive, have fun and be your best self in the project, please let us know.
- This might be;
 - Help with transport to rehearsals, childcare costs, or a language translator?
 - It might be something we can do or change in the rehearsal or performance space.
 - Somewhere to rest, adjustments to the lighting or the noise in the room?
 - Or it might be about how we communicate and share things with you.
 - Or something not listed above?

10. Does it cost to participate?

- There is no additional cost to participate.
- Afri-Co-Lab will provide light refreshments during rehearsals and meals on longer/evening rehearsals.
- Afri-Co-Lab will arrange transport for you to get home after late-night rehearsals and show days.
- Each company member will receive a £10 stipend for each rehearsal they attend.

11. How do you pick the show guides?

- The Show guide team will be chosen on a first-come, first-served basis
- There are ten spaces available in the company

12. Do you need to have any acting experience or special skills?

- No special skills or acting experience is required.
- To sign up, you will need to be 18+ and be able to attend the rehearsals,
- Have an interest in performing or creating a show.
- Be ready to meet new people and make new connections.

14. What does a rehearsal session look like?

- Our first rehearsal will be just the show guides, and we will create and develop the role of the Show Guides within the world of the play.
- Then our next rehearsal will be with the performing company as well as we weave the two worlds together.
- We have limited opportunities to practice which is why it is important you are available for all rehearsals.
- At the rehearsals, you will explore ideas, improvise, play games, move your body and speak, depending on what is needed.
- The directors will also be available to help the show guides create their characters.

14. Do the show guides have a costume?

- Hell yes!!