



FAQs

1. What is the Hero's Journey about?

The Hero's Journey is a classic story structure used in many films and plays and the inspiration for our story. A person goes on a quest, facing challenges and gaining insight along the way; the person returns from their journey transformed and, in turn, transforms the world around them. The community company will create a show using this story structure as inspiration. It's our opportunity to challenge it, lean into it, deconstruct it, throw out stereotypes and be the heroes of our own stories.

<https://blog.reedsy.com/guide/story-structure/heros-journey/>

2. Do I have to attend every rehearsal?

- Yes! We understand that life might happen, and we will deal with that if something does come up. But for now, we need all company members to commit to all of the dates needed for their roles.
- The number of rehearsals you will need to attend will depend on the role that you sign up for.
 - Performing Cast members – 16 rehearsal sessions plus 4 performance dates
 - Creative Team – 6 rehearsal sessions plus 1 performance date
 - Show Guides 6 sessions plus 4 performance dates

3. Where will the show be performed

- The show will be performed in Hastings Museum & Art Gallery, which includes the outside grounds.
- The Directors & Company will decide the exact locations within the grounds and museum building.

4. Where will rehearsals take place?

- Rehearsals will be in central St Leonards and Hastings, at the:
 - [White Rock Theatre](#), Hastings Seafront, Hastings TN34 1JX
 - Or Stade Hall, 20 Rock-a-Nore Rd, Hastings TN34 3DW
 - Or Hastings Museum & Art Gallery TN34 1ET
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- During the month of June, the last 3 rehearsals will take place at [Hastings Museum & Art Gallery](#), John's Place, Bohemia Rd, Hastings TN34 1ET.

5. What is the difference between the performing cast and the creative team?

- The performing cast will perform and create the content & story of the show.
- The creative team will help create all of the props, sets and sound design needed to tell the story.
 - During the performance, the creative team may be involved in moving the props and sets into their correct spaces, and assisting with the sound department.

6. How will the play be devised?

- The show will be co-devised by a community company – that's you.
- This means that it will be written, and created by all of the people who join the company, with Darragh and Anna Maria directing and shaping the work.
- It will use the Hero's Journey story structure as a starting point - which was set out in question 1.

7. What is a show guide?

- The show guides are volunteers who will support the audience during the performance.
- They will move the audience around Hastings Museum & Art Gallery, making sure the audience is in the right place at the right time and is fully immersed in the show.

8. Is there support for travelling to rehearsals?

- Each company member will receive a stipend of £10 for each rehearsal they attend.
- The £10 is to be used in whatever way helps company members to attend rehearsals.
- Along with the stipend, there is also a small budget to support further access needs.
- Please let us know what you need to help you participate, and if we can make it happen, we will.

9. What access and support is available to help people be part of the company?

- If there is anything we can do to help you thrive, have fun and be your best self in the project, please let us know.
- This might help with transport to rehearsals, childcare costs, a language translator? It might be something we can do or change in the rehearsal or performance space? Somewhere to rest, adjustments to the lighting or the noise in the room? Or it might be about how we communicate and share things with you? Or something not listed above?

10. Does it cost to participate?

- There is no additional cost to participate.
- Afri-Co-Lab will provide light refreshments during rehearsals and meals on longer/evening rehearsals.
- Each company member will receive a £10 stipend for each rehearsal they attend.

11. How do you pick the company members?

- The performing cast and creative team will be chosen on a first-come, first-served basis.
- There are twenty spaces available in the company, plus an additional 10 spots for show guides.

12. Do you need to have any acting experience or special skills?

- No special skills or acting experience is required.
- To sign up, you will need to be 18+ and be able to attend the rehearsals,
- Have an interest in performing or creating a show.
- Be ready to meet new people and make new connections.

13. I have a special skill or interest; can that be woven into the story?

- If you have a special skill or interest, such as animal balloon making, perhaps speaking multiple languages, playing an instrument, or whistling, we want to know and it might become part of the show depending on where the journey takes us.

14. What does a rehearsal session look like?

- Rehearsals will be when the company create and practice the show, this is why we need company members to attend every rehearsal they are allocated.
- At the rehearsals, you will explore ideas, learn new skills, write scripts, and try out different ways to tell our epic and amazing collective story. This might involve acting, writing, improvising, playing games, moving our bodies, speaking, singing and physical work.
- Depending on what is needed, there will be different experts in the room to help the company to create our story, such as the directors, sound designer or the set & costume designer.
- Each session will have time to chat and connect with company members and light refreshments will be provided.